

Transpersonal psychologist sheds light on rarely studied regression experiences

Richard Stammler, Ph.D., discusses his research on regression experiences of non-Earth entities in “Transmundo Beings in Regression Therapy: Information about Non-Earth Entities That Arise in Regression Therapy”

WARRENTON, VA – While a division exists between those who believe in life outside Earth and those who don't, Dr. Richard Stammler's research into experiences with non-Earth entities—known as transmundo beings, or TMB—seeks to provide an answer in “Transmundo Beings in Regression Therapy: Information about Non-Earth Entities That Arise in Regression Therapy” (ISBN 1456487507).

Stammler coined the term TMB to provide a label that fully encompasses these experiences, and while some professionals discount the regression discipline, Stammler's work presents an extensive survey of 63 International Association of Research and Regression Therapies (IARRT) members conducted as part of the author's dissertation. While 48 percent of the respondents hold advanced degrees such as doctorates, medical degrees or foreign equivalents, nearly three-quarters of professionals who responded worked with clients who reported experiences with transmundo beings.

A surprisingly common experience in regression therapies, this phenomenon is thoroughly examined in Stammler's work. While the author's study seeks to illustrate the extensive presence of TMB experiences, it also aims to reveal how professionals feel about the reality—and validity—of the phenomenon. The book discusses the frequency in which the various types of experiences with extraterrestrials occur.

“Transmundo Beings in Regression Therapy: Information about Non-Earth Entities That Arise in Regression Therapy” is available for sale online at Amazon.com and other channels.

About the Author:

Richard Stammler completed his Ph.D. in transpersonal psychology and holds certifications in Ericksonian Hypnotherapy and clinical hypnotherapy from the International Association of Research and Regression Therapies (IARRT). He publishes articles, leads workshops and is director of the Warrenton Inner Healing Center in Virginia where he conducts transpersonal therapy.

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